



KINDNESS ROCK PAINTING STUDIO & STENCILS

Master Rainproof Painting Recipe & 4 Traceable River Rock Guides from Autumn Rain Drive



Mama's Porch & the Sacred Chalk Dragon (Spread 10)

MOUNTAIN MAMA'S RAINPROOF ROCK RECIPE

1 HUNT FOR FLAT STONES

Smooth river rocks (2-4 inches) from creeks or craft stores make perfect canvases.

2 WHITE ACRYLIC PRIMER

Apply 1 coat of white paint so your pastel colors pop with brilliant vibrancy.

3 PAINT PENS & GLITTER

Use fine-tip acrylic pens (Posca/Artistro) for sharp dragon scales, stars, and lettering.

4 WEATHERPROOF SEALER

Seal with outdoor Mod Podge or clear gloss acrylic spray to protect against rain.

5 PLACE IN TRADE BOX

Leave your rock in your neighborhood trade box and watch someone smile!

1. THE SACRED CHALK DRAGON

Courage & Protective Boundaries



[Place flat river stone inside dashed line, or trace onto rock]

Palette: Lavender Sky Blue Magenta Gold

2. THE GOLDEN SHIELD OF JOY

Strong Boundaries & Untouchable Peace



[Place flat river stone inside dashed line, or trace onto rock]

Palette: Gold Amber Sunshine White

3. THE 3-BEAT HEART TAP

Somatic Grounding & Calming Rhythm



[Place flat river stone inside dashed line, or trace onto rock]

Palette: Rose Coral Lilac Teal

4. SAFE HANDS, SACRED SPACE

Gentle Touch & Personal Space



[Place flat river stone inside dashed line, or trace onto rock]

Palette: Mint Teal Emerald Gold White



DRIVEWAY RHYTHMS: SPREADING KINDNESS

Secret Kindness Messages & Outdoor Placement Inspiration



Camryn & Titus on the Driveway Canvas (Spread 2)

SECRET MESSAGES FOR THE BACK OF ROCKS

- ★ "You are loved and safe."
- ★ "Keep your music playing!"
- ★ "My body is my sacred temple."
- ★ "Mean words bounce off like rubber balls!"
- ★ "Safe hands, kind feet, joyful heart."
- ★ "1 - 2 - 3 over your heart: Breathe!"
- ★ "You have the superpower of being YOU."
- ★ "Autumn Rain Drive plays on!"

5 WAYS TO SPREAD KINDNESS IN YOUR COMMUNITY

- 1. IN THE NEIGHBORHOOD TRADE BOX**
Leave your painted masterpiece inside an honor box so a neighbor can trade for it and take it home.
- 2. AT THE BASE OF A NEIGHBORHOOD TREE**
Place a bright dragon rock near a walking trail or tree sidewalk for morning walkers to spot.
- 3. OUTSIDE A NURSING HOME OR HOSPITAL**
Leave a 'Keep Your Music Playing' rock where patients and healthcare workers can see it through the window.
- 4. ON A CLASSROOM CALMING SHELF**
Give it to your teacher to place in the classroom for calming corner kids practicing the 3-Beat Heart Tap.
- 5. AS A SURPRISE FOR A FRIEND**
Slide a smooth painted stone into a friend's backpack or lunchbox when they are having tough day.



Trading Kindness Rocks (Spread 4)

SHARE YOUR PAINTED ROCKS WITH OUR ONLINE GALLERY!

Visit rootedcreativegroup.com/music-never-stops to upload rock photos!

Created by Victoria Cortez * All Good Things N More Series